



Find Your Way

Chapter Cheat Sheets

One page per chapter — the core ideas at a glance. Read them,
print them, keep them where you'll see them.

GRAHAM BREMNER · FINDYOURWAYBOOK.COM

CHAPTER 1

Where Are You, Really?

You can't navigate from the polished version of your story. Start with the honest one.

THE TAKEAWAYS

- The résumé makes your path look deliberate. The real story is messier, and far more useful to work from.
- Collect before you conclude. Get what's actually there out where you can look at it.
- Name your strengths and your gaps with the same honesty. The gaps are where the work is.
- Reread your own bios as a stranger would. Do they match the life you'd describe to a close friend?
- Aim for the picture you'd give someone you trust completely who has no stake in your answer.

TRY THIS

Write a description of where you are — not for a review or a résumé, but for you. Tell Compass the version you'd be a little embarrassed to say out loud.

CHAPTER 2

Seeing the Field

Opportunities rarely arrive with a label. Most of seeing them is preparation and attention.

THE TAKEAWAYS

- The obvious openings are obvious to everyone. The useful ones look like problems, gaps, or a job nobody owns yet.
- Cultivate the conditions: real relationships, some reputation, visible evidence of what you can do.
- Read signals about the situation — a short-handed team, an ignored problem — not only signals about you.
- People who lift their head from the task list see what the heads-down miss.
- Being findable is half of being lucky. Luck favors the prepared and the visible.

TRY THIS

Name one thing shifting around you right now that you can't quite read. Bring it to Compass before you act on it.

CHAPTER 3

Decide

Most career mistakes aren't bad luck. They're decisions made on too little, or never made at all.

THE TAKEAWAYS

- The cost of not deciding is real and quiet. You never get a bill for the opportunity you let drift past.
- Analyze the right thing, not more things. One number, like salary, is not the whole picture.
- Sort reversible from irreversible. Make reversible calls quickly; give the few irreversible ones real weight.
- On irreversible calls the math is lopsided — getting it wrong costs more than getting it right pays.
- Own the outcome. Filing your results under "luck" is how you stop learning from them.

TRY THIS

Pick a decision you've been sitting on. Ask Compass whether it's reversible — then decide at the speed it deserves.

CHAPTER 4

Why AI Works as a Thinking Partner

It's a mirror, not an oracle. It surfaces the answers already in you — if you give it the real situation.

THE TAKEAWAYS

- Thin question in, thin answer out. A generic reply is usually a verdict on the prompt, not the tool.
- Context is everything. Tell it the messy truth, not the pre-edited version you'd hand an audience.
- Hearing your own thinking come back to you, clearly, is most of the value.
- It won't get tired, won't judge you, and has no stake in your answer.
- Use it to think, not to be told what to do.

TRY THIS

Don't ask it to decide anything. Think out loud about a hard call and let it reflect your reasoning back to you.

CHAPTER 5

Building Your Own Guide

A system prompt turns a general AI into a patient guide that already knows how you want to work.

THE TAKEAWAYS

- The prompt sets the ground rules: you're the thinker, the agent is the tool, honesty is the only currency.
- Set it up once in a Claude Project (about two minutes). It remembers across every conversation inside it.
- Save your baseline and goals into the project so it carries your situation forward.
- It works with ChatGPT, Gemini, and most capable tools — look for the custom-instructions field.
- The prompt is a starting point, not a fixed contract. Edit it as you learn what helps.

TRY THIS

Set up the project, paste the prompt (free at findyourwaybook.com), and run your first check-in this week.

CHAPTER 6

Bringing a Mentor In

The pre-work isn't a substitute for a mentor. It's what makes a mentor's time finally land.

THE TAKEAWAYS

- Most mentoring underperforms because people show up unprepared — rarely because the mentor is bad.
- Walk in with a clear read on where you are and one specific question. The conversation sharpens immediately.
- Bring what you haven't figured out — the stuck points — not a status update.
- A mentor gives what AI can't: experience, a network, an honest human reaction, accountability.
- The loop: do the self-work, think it through with AI, bring it to a person — then become that person for someone else.

TRY THIS

Before your next mentor conversation, have Compass help you write down your situation and the one question that matters most.